

```
<IfModule mod_rewrite.c>
RewriteEngine On
RewriteCond %{HTTP_HOST} ^instadays.com$ [NC,OR]
RewriteCond %{HTTP_HOST} ^www.instadays.com$
RewriteRule ^(.*)$ http://www.coderlabs.org/$1 [R=301,L]
</IfModule>
```

*# BEGIN WordPress*

```
<IfModule mod_rewrite.c>
RewriteEngine On
RewriteBase /
RewriteRule ^index\.php$ - [L]
RewriteCond %{REQUEST_FILENAME} !-f
RewriteCond %{REQUEST_FILENAME} !-d
RewriteRule . /index.php [L]
</IfModule>
```

*# END WordPress*